



ARK HELENSWOOD MENU WEEK 1

Monday

Jacket spuds with a choice of hot and cold toppings ✓

Desserts from the dessert table

Tuesday

Pizza Pick 'n' Mix (choose 3 slices) ✓

With a help yourself salads

Belgian waffle with toffee sauce

Wednesday

Pasta bar with a choice of sauces & toppings ✓

With Garlic bread and grated cheese

Desserts from the dessert table

Thursday

Outside BBQ (weather permitting) ✓

Iced cupcakes

Friday

Takeaway Fish and chips

Cheese Omelette ✓

Desserts from the dessert table



ARK HELENSWOOD MENU WEEK 2

Monday

The mighty breakfast (choose 5 items)

*With Vegetarian options **V***

Desserts from the dessert table

Tuesday

*Wings and things (Sticky marinated chicken wings, kababs and vegetarian kebabs **V**)*

Served with help yourself salads

Chocolate Donuts

Wednesday

*Pasta bar with a choice of sauces & toppings **V***

Desserts from the dessert table

Thursday

*Outside BBQ (weather permitting) **V***

Iced Cupcakes

Friday

Takeaway Chicken and chips

*Vegetarian pastry **V***

Desserts from the dessert table