



12th June 2017

Dear Parents and Carers

HEALTH RELATED BEHAVIOUR SURVEYS

Our school, along with several others, has agreed to participate in an important Health Behaviour Survey amongst young people. We have been asked to support the work of the Local Authority and Public Health.

The survey data collected in schools may prompt a review of the curriculum and may also be used in a variety of ways including:

- as a starting point for discussion in classroom activities
- as a guide in the choice of resources
- as a prompt for appropriate timing of courses
- as a beginning for further enquiry to strengthen existing programmes, e.g. in PE
- as a starting point for discussions between parents and schools

The survey method that we are using has been developed by the Schools Health Education Unit, Exeter and has been in use now for over 30 years. Over 3000 schools have used the survey, many of them regularly.

The questions concern a wide range of health behaviours, for example:

Home and family

Tobacco, Alcohol,

Drugs

Healthy Eating

Relationships, emotional health and well-being,

Leisure and money

Sexual health

Exercise

The Local Authority and Public Health will also have a reliable database upon which it can objectively plan health care provision for young people. Both the Local Authority and the academy find the content of the questionnaire acceptable; it has been customised to suit our local setting. Each questionnaire is anonymous and confidential, and no pupil will be identified. The Local Authority will receive only the summary of all those participating and individual schools are not identified.

I hope you will agree with us that this is an exercise in which we wish to co-operate fully. I will assume you do approve unless I hear otherwise and I look forward to working with you in planning improved health promotion for our students. We hold a copy of the questionnaire in the school office, and if you would like to examine it, you are welcome to do so by appointment.



Principal: Tracy Dohel

As part of the survey it will be helpful if your daughter has her home postcode (this will be used only for drawing maps of results in a particular area; your house will not be identified).

The survey will be carried out in the next few weeks.

Yours sincerely

Miss J Lelliott
Assistant Principal