

## Place2Be is a charity working in schools to improve the confidence and wellbeing of children.

### How Place2Be works

There is a special Place2Be room inside the school where children can go to express and think about their worries, through talking, creative work and play. Trained adults called School Project Managers support this process, helping children to find new ways of coping with difficulties so they don't get in the way of friendships or learning.

### Times when we're especially useful

There are times when children feel particularly sad, confused, fearful or angry, due to family problems such as separation or illness, or even the death of a much-loved pet. Some may become withdrawn; others may become demanding or challenging in their behaviour: that's when having Place2Be in school is especially helpful.

### How we help children

Place2Be works with children one-to-one and in small groups, offering regular time-tabled support for those who will benefit most. All pupils can find help with friendship issues and other worries by choosing to visit Place2Talk. Short lunchtime sessions are open to individuals and to groups.

### How we help families

We routinely meet with parents to discuss their worries about their children. A number of Place2Be schools also have A Place for Parents, offering adults

support with any issues affecting their parenting and/ or their relationship with their children.

### How we help schools

Place2Be also supports teachers and school staff members via Place2Think which in turn helps the whole school to thrive.

### Any questions?

You are welcome to talk to the Place2Be School Project Manager at your school, either face-to-face or via telephone or email. Here's who to talk to if you'd like to know more:

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Registered Charity Number: England and Wales 1040756; Scotland  
SC038649; Company Number: 02876150

**Making a lifetime of difference to children in schools** [www.place2be.org.uk](http://www.place2be.org.uk)

Oh, she has definitely changed... in the way she feels about her school life, her home life, and just the way she is in herself – she is a lot happier  
**Parent**

Place2Be gets things off your chest  
**Pupil**



**What difference does Place2Be make in your child's school?**

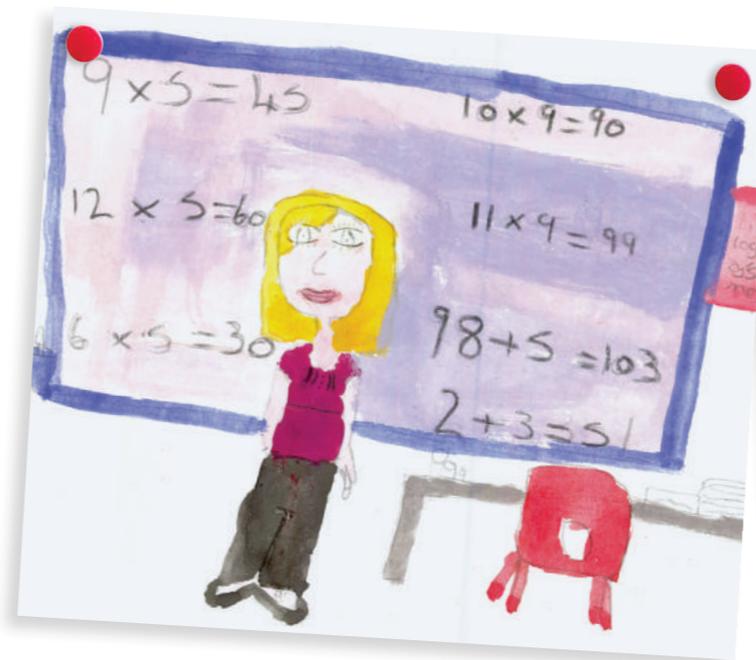




**We help children feel better about themselves...**



**and when children feel better about themselves...**



**they are able to learn more easily...**



**and that means less worry for parents.**