



9th February 2016

Dear Parent/Carer

This letter is to inform you of the content of the PSHE Drop Down Day this Thursday, February 11th. The PSHE focus of work will be Relationships and Sex Education (RSE).

Young people are often reluctant to talk about these issues with their parents or carers, but we do encourage the pupils to discuss relationship issues with appropriate adults. If you are aware of the topics being covered at school, then you may feel that you would like to discuss them further with your daughter.

It is our practice for the teacher and the tutor group to agree 'ground rules' before discussing sensitive issues. These rules will include: using appropriate language; ensuring that sensitive discussions in class are treated with a level of confidentiality and not repeated outside of the lesson and, encouraging pupils not to disclose personal details about themselves or others. The following is a list of the topics covered in each of the FOUR sessions:

<p>Year 7 Making good choices Changing friendships Puberty - body changes SRE</p>	<p>Year 8 Relationships Respect Sex and Reproductive health Making good choices</p>
<p>Year 9 Making good choices Love is Safe for me, safe for you Look to the future</p>	<p>Year 10 Abusive relationships Parenting skills HIV and Aids Sex in the Media</p>

Inevitably, some children's awareness is greater than others and subjects not planned for discussion may be introduced by pupils. Depending on the nature of the question, it may not be appropriate to answer a question immediately. Tutors will keep a question box for the duration of this topic and pupils may write down anything they are too embarrassed to ask or are confused or worried about. After consideration of the questions, they will be addressed appropriately.

You should be aware that you are able to withdraw your child from the sex education lessons if that is your choice. According to the records we hold for your daughter you requested that she should not take part in the sex education programme. **Please complete and return the slip below to confirm whether you wish your child to attend these lessons or be withdrawn.**

If you have any queries not addressed by this letter, please contact your daughter's Head of Year.

Yours sincerely

Miss K Rogers
 Vice Principal



PRINCIPAL: Lucy Monk

Please return this slip to the main office at Upper or Lower School by Thursday 11th February.

Personal, Social and Health Education (PSHE) – RSE

Student Name: _____ Form: _____

*I wish my child to attend Sex Education lessons.

*I do not wish my child to attend Sex Education lessons. Please withdraw them.

*(Please delete as applicable)

Signed: _____ Date: _____

Parent/Guardian

Name: _____

Parent/Guardian