



July 2016

Dear Parent / Carer

As I am sure you already know from your daughter, tomorrow (Tuesday 5<sup>th</sup> July) is our whole school Sports Day. The girls have been briefed as to expectations but we wish to make you aware of the following:-

- The event will be held at the Lower School so **all** students must arrive at this site ready for an 8.45am start.
- Students must wear their Helenswood PE kit to school with their blazer over the top.
- Students in Years 7-9 will register in their tutor rooms. Year 10 will go straight to the Sports Hall.
- The canteen will be open from 10.00am – 2.00pm so students will be able to access food and drink regularly throughout the day. Please ensure that if your daughter is not using the canteen, they have plenty of food and drink with them.
- Please ensure that students have sun cream and hats if appropriate. An umbrella may be advisable.
- Please encourage your daughter to participate in this event. All students are expected to take part in a minimum of one activity. This does not have to be a track event so those students who have existing injuries or medical issues such as knee problems, can opt to take part in a throwing activity.
- This is a closed event so is not open to spectators.
- Students will be dismissed at 3.20pm as usual from the Lower School site.

We will make the decision this afternoon as to whether the event is cancelled. This will depend on the weather forecast. Students will be notified before the end of the school day today if Sports Day is not going ahead. Should the event be cancelled, all students will follow their normal timetable. Year 7 and 8 students should arrive at the Lower School and Year 9 and 10 students should arrive at the Upper School. All students would need to be in full school uniform if this event is cancelled.

We hope this will be an enjoyable day. Thank you for your support.

Yours faithfully

Miss E. Poole  
Head of PE



PRINCIPAL: Lucy Monk