



January 2018

Dear Parent/Carer

There has been a case of head lice identified at school and we wanted to make sure you were kept informed. While lice are nothing more than a nuisance, it is important that children are checked on a weekly basis so that any head lice can be dealt with quickly and before they are allowed to spread too far.

As there are one or two known cases in Year 7, we suggest that you check your child's head as soon as possible. Follow the simple CHECK, TREAT, COMPLETE routine below to ensure you are doing your bit to keep head lice outbreaks to a minimum.

#### **CHECK**

Please check your daughter's hair once a week. Use a proper nit detection comb – with teeth no more than 0.3mm apart to trap head lice. A good way to do this is smother your daughter's hair with conditioner and then comb through with the nit comb. If you find live lice, consult a pharmacist for treatment advice. If head lice are spotted, take a close look at all the family, including you and ask close family and friends to check as well.

#### **TREAT**

Only treat if live lice are detected. Head lice are tough, they cannot be killed by washing with normal shampoo or normal combing. Because they reproduce so quickly, you have to kill them before they spread. If your child has head lice, check everyone in the family. You will need to treat everyone affected to get rid of them. You can treat head lice by wet-combing hair with a special comb, or by using medicated lotions or sprays available over the counter at pharmacies or supermarkets.

#### **COMPLETE**

Repeat the treatment for a second time seven days after the first to kill any lice that may hatch from eggs during that time, if the pack instructions specify that a second application is required. Check that all head lice have gone within two to three days of the final application of head lice treatment to complete the process.

Yours faithfully

Mrs Phillips  
Head of Year 7



Principal: Tracy Dohel